

Estherina Shems, M.D.

Dr. Shems is a retired child psychiatrist. She received her BS cum laude from Lynchburg College in 1954 and her MD from Woman's Medical College in Pennsylvania in 1958. She was a rotating intern at Lankenau Hospital in Philadelphia, 1958-59; fellow in adult psychiatry at the University of Pennsylvania, 1960-63; child psychiatry affiliate Child Study Center in Philadelphia, 1961-63; assistant instruction department of psychiatry University of Pennsylvania school of Medicine, Philadelphia, 1962-1963; child psychiatry affiliate Irving Schwartz Institute for Children and Youth, 1964-1966, various staff, administrative positions at Philadelphia Psychiatric Center, 1964-81; clinical associate in psychiatry University of Pennsylvania School of Medicine, 1979-81; consultant early intervention programs Community County for Mental Health/Mental Retardation, Inc., Philadelphia, 1981-2002; retired.

Dr. Shems has held numerous consulting and teaching positions in the field including invited lecturer, Institute Pediatrics Chinese Academy of Medical Sciences, Beijing, People's Republic of China; Executive Board of the Trust Fund of the Alumnae/i Association of WMC/MCP, 2001-, vice chair, 2003-. Dr. Shems was named one of the Outstanding Young Women of America, 1967, one of Outstanding Young Women of PA, 1967; recipient T. Gibson Hobbs Outstanding Alumni Award Lynchburg College, 1969; Distinguished Alumni Award, 1995; Lifetime Achievement Award, VA Foundation Ind. Colls., 2002. She is a Fellow of the American Orthopsychiatry Association and The College of Physicians of Philadelphia. She is a Member of the Medical Women's International Association, American Psychiatric Association, American Medical Women's Association, American Psychiatric Association, American Medical Women's Association, Psychiatric Physicians of Pennsylvania, Philadelphia Psychiatric Association, Phi Kappa Phi, Chi Beta Phi, others. Her avocations include travel, photography, music, reading.